



• TWILIGHT •

For our customers in their twilight years to enjoy.

ONE COURSE 6.95 · TWO COURSES 7.95 · THREE COURSES 8.95

All day Monday-Friday · Saturday 12pm-4pm · Sunday 12.30pm-4pm

STARTERS

SOUP OF THE DAY

Crusty bread roll

CHICKEN LIVER PÂTÉ

Beetroot chutney, melba toast

MEDITERRANEAN COLEY FISHCAKES

Tomato and caper mayonnaise

BREADED CHICKEN GOUJONS

Peanut satay sauce

PRAWN & CRAB COCKTAIL

Lemon mayonnaise, toasted sourdough

MAINS

FISH & CHIPS *Breaded/Battered*

Garden peas, pickled onion, tartare sauce

BRAISED BEEF OLIVE

Creamed mashed potato, carrot and swede mash, onion gravy

CHEF'S CURRY OF THE DAY

Basmati rice and chunky chips

MAC & CHEESE *V*

Garlic ciabatta

PUMPKIN RAVIOLI *V*

Toasted pine nuts, spinach, cream sauce, garlic ciabatta

HONEY GLAZED PORK BELLY

Your choice of potatoes, curly kale, grain mustard jus

STEAK PIE

Your choice of potatoes, carrot and swede mash, garden peas

ROAST LEG OF LAMB

Your choice of potatoes, rosemary and thyme stuffing, rich gravy

CLASSIC CHICKEN CAESAR

Crisp lettuce, croutons, parmesan, Caesar dressing

DESSERTS

VICTORIA SPONGE

Vanilla custard

WARM CHOCOLATE FONDANT TORTE

Coconut ice cream

VANILLA ICE CREAM

Fresh fruit and your choice of sauce

APPLE PIE

Cinnamon cream

LEMON DRIZZLE CAKE

Double cream

Although we do our utmost to cater for all customers with allergies we regret that due to the diversity of our menu we cannot be held responsible for any adverse reactions to our food. Although our chefs do their utmost to remove all bone fragments, unfortunately this cannot be guaranteed.



• GLUTEN FREE •

STARTERS

SOUP OF THE DAY £3.50

Gluten free bread

CHICKEN LIVER PATÉ £5.50

Gluten free toast and spiced pear chutney

PRAWN COCKTAIL £5.95

*Marie rose sauce, crisp gem lettuce,
herbs and gluten free toast*

baby

5 SPICE CHICKEN WINGS £5.95

Buffalo wings tossed in a spicy aromatic sauce

SMOKED TROUT £6.50

Beetroot carpaccio and pea shoot salad

PAN SEARED SCALLOPS £8.50

*Cauliflower puree, parma ham crisps
and fried leeks*

CLASSICS

SEARED CHICKEN £10.95

*Topped with buffalo mozzarella and parma ham
on gluten free pasta tossed in Napoli sauce*

VENISON STEAK £15.95

*Pan fried with a red wine and blackberry reduction,
celeriac mash buttered greens*

SINGAPORE CHICKEN £11.25

Steamed rice, chicken, prawns and spring onions

SLOW ROASTED SALTED PORK BELLY £11.50

Mustard mash, buttered savoy and cider gravy

MALAYSIAN BEEF RENDANG £12.25

*Slow braised shin of beef with aromatic spices,
caramelised nuts and steamed rice*

SIZZLING FAJITAS

CHICKEN £10.75

KING PRAWN £12.95

BEEF £12.95

VEGETABLE (V) £8.95

Salsa, cheddar and crème fraiche dips with rice

ROAST RUMP OF LAMB £12.75

Rosti potato, rosemary jus and seasonal vegetables

SAUTÉED CHICKEN BREAST £12.75

Rosti potato, rosemary jus and seasonal vegetables

BAKED HAKE £10.95

Potato rosti, braised lettuce, tomato and caper butter

SALAD BAR

All salads are served with gluten free bread roll

SALMON NICOISE £9.95

Seared crispy skin salmon, baby gem, green beans, black olives, boiled egg and cherry tomatoes

GREEN BEAN FETA & WALNUT (V) £8.95

Mixed leaves, cherry tomatoes, red onion and pesto dressing

THAI CHICKEN £9.50

Grilled chicken breast, mixed leaves, cherry tomatoes, spring onion, sliced chilli, fried noodles and lime dressing



• GLUTEN FREE •

THE GRILL

All our Scottish beef cuts are dry aged for 28 days and are served with roast tomato, mushrooms, jacket potato or fries.

SIRLOIN 225g	£20.00
FILLET 225g	£22.50
BUTTERFLY CHICKEN BREAST 225g	£11.95

Served with your choice of sauce:
Peppercorn · Diane Sauce · Malt Whisky

PASTA & RISOTTO

CARBONARA PASTA £8.95/£7.50
Onions, smoked bacon and cream sauce

POACHED SALMON & PEA RISOTTO £11.95
Topped with rocket and parmesan

COURGETTE & FETA PASTA **V** £8.50
Black olive, shallot and basil oil

DESSERTS

VANILLA ICE CREAM £3.95
Fresh fruit and your choice of sauce

DOUBLE CHOCOLATE FUDGE CAKE £4.95
Thick double cream or vanilla ice cream whipped cream

LEMON DRIZZLE CAKE £4.95
Thick double cream

CHEESE BOARD £5.95
Grapes, toasted gluten free bread and pear chutney

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• DESSERTS •

VANILLA ICE CREAM <i>Waffle basket, fresh fruit, your choice of sauce</i>	3.95
LEMON TART <i>Berry compote, crème fraiche</i>	4.95
STICKY TOFFEE PUDDING <i>Vanilla ice cream or warm vanilla custard</i>	4.95
TIRAMISU <i>Rich layered Italian dessert</i>	5.25
SCOTTISH CHEESE BOARD <i>Crackers, grapes, beetroot and onion jam</i>	5.95
KEY LIME PIE <i>Mango coulis</i>	4.95
DOUBLE CHOCOLATE FUDGE CAKE <i>Thick double cream or vanilla ice cream</i>	4.95
LEMON DRIZZLE CAKE <i>Thick double cream</i>	4.95
CHEF'S CHEESECAKE OF THE DAY <i>Thick double cream or vanilla ice cream</i>	5.25



SUNDAE SELECTION

4.95 each

FUDGE
Vanilla ice cream, whipped cream, crushed fudge, toffee sauce

HOT CHOCOLATE BLONDIE
Vanilla ice cream, whipped cream, white chocolate brownie, strawberry sauce

TUNNOCK'S SNOWBALL
Vanilla ice cream, whipped cream, Tunnock's snowball, raspberry sauce

STRAWBERRY ETON MESS
Vanilla ice cream, whipped cream, crushed meringue, strawberry sauce

• HOT & COLD DRINKS •



STRONG BREAKFAST TEA	2.00
FLAVOURED TEA <i>Earl grey, Gunpowder green, Peppermint, Chamomile, Fruit</i>	2.50
MONBANA HOT CHOCOLATE	3.00
PARKVILLE HEAVENLY HOT CHOCOLATE <i>Whipped cream, marshmallows, cocoa powder</i>	3.25
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MILKSHAKES <i>Vanilla, Chocolate, Strawberry,</i>	3.00
<i>Create your own milkshake masterpiece by adding:</i>	
CRUSHED OREOS	0.50
MINT AERO	0.50
PARKVILLE ULTIMATE MILKSHAKE <i>Crushed maltesers, marshmallows, milk chocolate buttons, whipped cream</i>	4.50

ESPRESSO	2.00
DOUBLE ESPRESSO	2.50
AMERICANO	2.00
WHITE COFFEE	2.35
CAPPUCCINO	2.50
LATTE	2.50
MACCHIATO	2.50
ESPRESSO CON PANNA	2.50
FLAT WHITE	2.35
MOCHA	2.50
EXTRA SHOT ESPRESSO/SYRUP	0.50

*Add any syrup +50p
caramel, gingerbread, hazelnut, vanilla, mint*

All of our hot and cold drinks are available with full-fat or semi-skimmed milk