

# THE WIDE MOUTH FROG

RESTAURANT

## À la Carte

### APPETISERS

*Hungry? Here's some food for thought while you decide...*

MARINATED OLIVES **V** 3.95  
*Pickles and smoked nuts*

WARM FOCACCIA **V** 3.95  
*Aioli dip*

HAGGIS BON BONS 3.95  
*Whisky HP sauce*

FRESHLY BAKED BREADS **V** FOR 1 3.95  
*Salted butter, olive oil and balsamic* FOR 2 5.50

SOUP OF THE DAY (G) 4.50  
*Artisan bread, salted butter*

CHICKEN LIVER PARFAIT (G) 6.95  
*Toasted brioche, pear and orange chutney*

HAGGIS HASH BROWN 6.95  
*Fried egg, sauce rouille*

SEARED SCALLOPS (G) 10.95  
*Confit chicken wings, sweet potato purée, sweetcorn relish*

### TO START

*Let us tempt you with a sumptuous starter to get your tastebuds going*

DUCK SPRING ROLLS 6.95  
*Plum sauce, Asian coleslaw, chilli peanuts*

SMOKED SALMON TARTARE (G) 6.95  
*Pickled cucumber, cream cheese, crispbread*

BAKED CAMEMBERT **V** 6.95  
*Rosemary sprigs, garlic oil, red onion marmalade, sourdough toast*

GRILLED GOAT'S CHEESE **V** 6.50  
*Potatoes, sun blushed tomato, olives, green beans*

HAM HOUGH TERRINE 6.95  
*Pineapple salsa, celeriac remoulade*

PRAWN COCKTAIL (G) 6.95  
*Avocado purée, sauce Marie Rose, bloody Mary tomatoes*

## SEASONAL PRODUCE

*Bringing you the highest  
quality, local produce  
whatever time of the year*

MOROCCAN CHICKEN SUPREME 14.95  
*Ratatouille, cous cous, chick peas, feta, raita*

BRAISED DAUBE OF BEEF (G) 16.50  
*Bourguignon sauce, Dijon pomme purée*

COQ AU VIN (G) 13.50  
*Braised chicken leg, pomme dauphinoise,  
wilted baby spinach*

BEEF FILLET MEDALLIONS (G) 24.50  
*Pomme dauphinoise, king prawns, spinach, sun  
blushed tomato and chorizo butter*

BEEF FILLET STROGANOFF (G) 18.95  
*Sautéed fillet of beef, mushroom, gherkin,  
pilaf rice*

STEAK & ALE PIE 11.50  
*Your choice of potatoes, steamed vegetables,  
Belhaven Best gravy*

THAI GREEN CHICKEN CURRY 14.95  
*Coconut rice, vegetables*

CHICKEN FAJITAS (G) 13.95  
VEGETABLE FAJITAS (G) V 11.95  
*Tortilla wraps, cheddar cheese, salsa, crème fraiche*

## FISH

*Fresh from Scottish waters to  
your plate...*

FISH & CHIPS 11.50  
*Battered haddock, chunky chips, mushy peas  
pickled onion, tartare sauce*

PAN ROASTED COD (G) 15.95  
*Gnocchi, spinach, tomato and chilli sauce,  
crumbed goat's cheese*

TANDOORI BAKED SALMON (G) 14.50  
*Pilaf rice, tomato and onion salsa, cucumber raita*

CHICKEN RISOTTO (G) 12.50  
*Courgette, goat's cheese*

PENNE SALSICCIA (G) 12.50  
*Italian sausage, wild mushrooms, chilli-flakes,  
slow cooked tomato sauce*

RISOTTO PRIMAVERA (G) V 11.50  
*Green vegetables, basil pesto*

MACARONI CHEESE V 9.95  
*Parmesan herb crust*

*Why not try your Macaroni Cheese with:*  
*Broccoli and basil pesto 2.50*  
*Bacon and black pudding 3.00*  
*Goat's cheese and spinach 2.50*

## PASTA & RISOTTO

*A taste of Italy. All served  
with parmesan and roquette*

## THE GRILL

All our Scotch beef cuts are dry aged for 28 days and are reared on the lush green grass of the Highlands.

They are served with chunky chips, onion rings, grilled tomato and flat cap mushroom with your choice of sauce.

RIBEYE 250g 22.50  
*Wonderfully rich and very tender*

SIRLOIN 250g 24.50  
*Tender and well marbled*

FILLET 225g 26.50  
*The most lean and tender of all*

CHICKEN BREAST 14.95  
*Chargrilled to perfection, juicy and tender*

CHATEAUBRIAND 55.00  
*The most prized cut, the fillet head.  
Enough for two and best served medium rare,  
served with your choice of potatoes, French style peas,  
rosemary baked carrots and your choice of sauce*

## SURF 'N' TURF

Why not make your steak extra special by adding our spectacular king prawns?

Add 5.95  
KING PRAWNS  
*Sun blushed tomato and chorizo butter*

## SAUCES

Choose one sauce from our selection

Black peppercorn Herb butter  
Blue cheese Diane

## BURGERS

Our burgers are freshly made and served in a flour bun with French fries, coleslaw, salad and gherkin

BISTRO BURGER 220g (G) 10.95  
*Red onion relish*

PIRI PIRI CHICKEN BURGER (G) 12.50  
*Red onion relish*

HALLOUMI BURGER V 10.50  
*Sticky chilli halloumi, flat cap mushroom,  
jalapeño jam*

TOPPINGS  
Grilled bacon 1.50 Pepper sauce 1.50  
Blue cheese 1.50 Haggis 1.50

## SALADS

Dressing on the side, hold the croutons – please don't be afraid to ask.

THAI BEEF FILLET SALAD (G) 15.50  
*Spiced chilli peanuts, palm sugar dressing*

SEARED SALMON SALAD (G) 12.95  
*Potatoes, cucumber, yoghurt and mint*

PESTO CHICKEN SALAD (G) 11.95  
*Parma ham, parmesan, croutons, pesto mayonnaise*

## SIDES

Create something extra special with one of our sumptuous sides

Chunky chips 3.50 Creamed potatoes 3.00  
French fries 3.00 Pomme dauphinoise 3.95  
Baby potatoes 3.50 Dijon pomme purée 3.00  
Pilaf rice 2.95 Rosemary baked carrots 3.50  
Onion rings 3.95 Buttered vegetables 3.50  
Bistro salad 3.50 Macaroni cheese 3.95